

IMAGINATE ONE-DAY CONFERENCE
FRIDAY, MARCH 29, 2019

8:30 AM - Registration

9:00 AM - Keynote Speaker

Dr. Gary Bloch

Dr. Gary Bloch, St. Michael's Hospital family physician and Associate Professor with the Department of Family and Community Medicine at the University of Toronto. Dr. Bloch is the recipient of numerous honours, including this year's prestigious AMS Phoenix Fellowship for his groundbreaking work in providing compassionate and socially equitable frontline medicine to the homeless and other marginalized individuals.

10:30 AM - Morning Workshop Choices

Investing in Social Capital

A diverse panel of community builders discusses how increasing social capital through education and citizen engagement will result in vibrant, inclusive communities where all are welcome. Panel hosted by Lyss England with Paul Dowling, Jeff Wheeldon, Celia McBride and Smokii Sumac.

Authentic Community Engagement

Working on the frontlines of homelessness, Christian Harvey understands that meaningful social change is possible when power dynamics are turned on their head through authentic human encounters.

WrapAround: Playing to Strengths

Paradigms of "helping" can be shifted through this strength-led, team-based approach to support for families and individuals with complex needs. Mark Vander Vennen demonstrates how High Fidelity WrapAround partners with community resources to build sustainable, effective, natural support networks.

12:00 PM - Lunch by Cultivate Festival

12:30 PM - Afternoon Concert

Campfire Session, hosted by singer/songwriter, David Newland with special guests.

1:15 PM - Afternoon Workshop Choices

Telling Our Stories: Marsha Shandur

Disconnection from others and even from ourselves can lead to feelings of loneliness, anxiety and depression. Through the telling of stories – through hearing and being heard – we connect to others and to our own truths in a way that can be deeply therapeutic. This interactive workshop will introduce participants to the healing power of telling our own stories with honesty and effectiveness.

The Song and The Sorrow: Catherine MacLellan

A daughter's attempt to understand and express the story of her father's struggles with challenges to mental wellness is central to this new film. Rather than being an exercise in pathologizing and

stereotyping, it brings to light the lived experiences of real people and the wide spectrum of mental wellness issues. Participants will have an opportunity to engage in Q+A with Catherine McLellan following the film.

Re-Connection: Ed Hagedorn

All too often the issues in our clients' lives--as well as in our own lives---lie beyond the scope of words. In this interactive, Expressive Arts workshop, participants will be introduced to visual art forms that allow for a different kind of "conversation". These forms may enhance therapeutic practice and provide tools for further self-discovery.

3:00 PM Panel Discussion

Small Change: Big Difference

In the midst of seemingly insurmountable human challenges, sometimes we wonder if there's anything we can do to make a difference. This panel of social justice leaders will explore how small, incremental, bottom-up actions can result in the kind of society we seek. Hosted by Kerri Kightley, the panel will address the question, "What can we do in our own lives and practices that will make a difference?" Panelists: Dr. Gary Bloch, Kristina Nairn, Greg Paul, Ed Hagedorn.

Presenters

Dr. Gary Bloch –St. Michael's Hospital family physician internationally recognized for his culture-shifting approach to front-line health care integrating the social impacts of poverty, homelessness and exclusion.

Mark Vander Vennen – Family therapist and social worker whose radical approach to child, youth and adult mental health services redefines how communities can support their most vulnerable members.

Christian Harvey - Community Social Justice Leader, Director of the Warming Room Shelter, Peterborough.

Lyss England - Interdisciplinary artist and activist, writer, podcaster and producer, host of Nothing Exists Radio Hour.

Paul Dowling - Social policy expert, Project Manager at HomeComing Community Choice Coalition, author of Moving from NIMPBY to YIMBY.

Celia McBride - Multi-disciplinary artist and spiritual director, active Green Wood community member.

Jeff Wheeldon - Writer on politics, religion, and ethics, and currently serves as the International Affairs Critic in the Green Party of Canada Shadow Cabinet.

Smokii Sumac - Poet, scholar, author of *you are enough: love poems for the end of the world*, he divides his time between Nogojiwanong (Peterborough, ON), and Ithaca, NY.

Catherine MacLellan – Juno Award-winning East Coast singer/songwriter performs and presents her new film, *The Song and The Sorrow*, honouring the legacy of her iconic musician father, Gene MacLellan.

Marsha Shandur - Professional storyteller and founder of Toronto storytelling night, *True Stories Told Live*, teaches how to harness the power and persuasion of personal stories.

Ed Hagedorn – Psychotherapist, artist who uses the various languages of the arts as a safe bridge out of isolation to connection and healing.

Kerri Kightley - Long-time leader of collaborative community initiatives relating to homelessness and substance use, Improvement Advisor at Canadian Alliance to End Homelessness.

Greg Paul – Author, founder and street pastor at Sanctuary, Toronto, cares for the most hurting and excluded – those struggling with addiction, mental illness, prostitution and homelessness.

Kristina Nairn - Social Determinants of Health Nurse at Haliburton, Kawartha, Pine Ridge Health Unit, community activator and advocate for affordable housing.